



Onsite Concierge-Style  
Therapy Services

# WHAT IS ONR TOUCH?

**TOUCH** is an **onsite** therapy program designed to help promote independence for residents by offering individualized care and access to our specialized programs, which include three **TOUCH**stones:

- ✓ Education
- ✓ Fitness and Wellness
- ✓ Rehabilitation

**EDUCATION:** Addresses health and care issues that seniors face daily and can include health living lectures, wellness clinics, health fairs and screenings, staff and caregiver training, support groups and community presentations

**FITNESS AND WELLNESS:** Programs designed to keep residents healthy for enhanced independence and quality of life and to allow them to age in place. May include working with a personal trainer, yoga, massage therapy, tai chi or other specialized exercises

**REHABILITATION:** Onsite personalized, resident-centered physical, occupational and speech therapy services

Our goal is to **TOUCH** lives through a compassionate and innovative approach, which will allow those under our care to experience life to its fullest!



## POSITIVE OUTCOMES

Each resident will have an individualized treatment plan and receive continued support by ONR staff throughout their stay.

We partner with residents, families, community staff and physicians to achieve outstanding outcomes such as:

- ✓ Enhanced Quality of Life
- ✓ Greater Satisfaction
- ✓ Increase Independence
- ✓ Concierge-Style Service
- ✓ Quick Access to Care
- ✓ Personalized Programs
- ✓ Optimal Level of Function

## ONR TOUCH SPECIALIZED PROGRAMS

Falls can be a serious problem and can lead to major injury, hospitalization, loss of mobility and decreased independence. Reduce falls and fractures with our **Falls Reduction Program**.

ONR's **Fitness and Wellness Programs** are designed to keep residents healthy, for enhanced independence and quality of life. Led by trained, professional staff, our programs include:

- Group exercise classes,
- Monthly lectures, and
- Wellness screenings.

After surgery, joints undergo a healing period. **Post-Surgical Therapy Programs** can help residents use healing tissues correctly, to promote mobility, strength, flexibility and function and improve surgical outcomes.

**Let Me See, Low Vision Program**, is designed to improve sight and sight-related activities to enhance quality of life.

**Dining With Dignity** assesses the dining experience within your community promoting a social dining experience that's safe and enjoyable.

**Mindful Living** is a specialized, collaborative program for residents with forms of dementia, including Alzheimer's, with a focus on maximizing each resident's abilities within their environment and keeping them independent as long as possible.

... and many more!



Our core principle is to offer exemplary service that focuses on successful outcomes tailored to each resident's individual needs.



WHERE REHAB IS A TEAM SPORT



For more information, call (800) 967-4667 or email [info@onr-inc.com](mailto:info@onr-inc.com).  
Visit us online at <https://www.onr-inc.com>.

