

Regency Place Journeys June Calendar 2020

Sun

Mon

Tue

Wed

Thu

Fri

Sat



*kindness
changes
everything*

1
9:00 MORNIG EXERCISE
9:30 BAKING COOKIES
10:00 HYDRATION
10:30 TRIVIA
1:00 GARDEN WALK
2:00 HYDRATION/SING ALONG
3:00 PUZZLES & GAMES
6:00 EVENING MUSIC

2
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 SNACK/ HYDRATION
10:30 PUZZLES & GAMES
1:00 NATURE WALK
2:00 HYDRATION/SING ALONG
3:00 BINGO
6:00 EVENING STROLL

3
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 SNACK/ HYDRATION
10:30 PUZZLES & GAMES
1:00 GARDEN WALK
2:00 HYDRATION/SING ALONG
3:00 BINGO
6:00 EVENING STROLL

4
9:00 CHAIR STRETCHES
9:30 TRIVIA
10:00 HYDRATION/SNACK
10:30 WALK ABOUT
1:00 BALLOON VOLLEYBALL
2:00 HYDRATION/SING ALONG
3:00 FAMILY FEUD
6:00 EVENING STROLL

5
9:00 MORNING EXERCISE
9:30 PEANUT BUTTER SANDWICH/
HYDRATION
10:30 TRIVIA
1:00 NATURE WALK
2:00 HYDRATION/ SNACKS
3:00 READING TIME W/LUZEVA ON
THE PATIO
6:00 MOVIE NIGHT

6
9:00 CHAIR STRETCHES
10:00 HYDRATION/ SNACK
10:30 GAMES & PUZZLES
1:00 ICE CREAM SOCIAL
2:00 SING ALONG
3:00 NAIL SALON
6:00 SMOOTH JAZZ

7
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 HYDRATION / FRUIT
11:00 MOVIE & POPCORN
1:00 WALK ABOUT
2:00 HYDRATION/SING ALONG
3:00 FAMILY FEUD
6:00 EVENING STROLL

8
9:00 MORNIG EXERCISE
9:30 BAKING COOKIES
10:00 HYDRATION
10:30 TRIVIA
1:00 GARDEN WALK
2:00 HYDRATION/SING ALONG
3:00 PUZZLES & GAMES
6:00 EVENING MUSIC

9
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 SNACK/ HYDRATION
10:30 PUZZLES & GAMES
1:00 CLASSICAL MUSIC - DANIEL
2:00 HYDRATION/SING ALONG
3:00 BINGO
6:00 EVENING STROLL

10
9:00 MORNING EXERCISE
9:30 BALL TOSS
10:00 HYDRATION / FRUIT
10:30 BIBLE STUDY
1:00 BIRTHDAY PARTY -RALPH
2:00 HYDRATION/SING ALONG
3:00 MANICURE
6:00 EVENING MUSIC

11
9:00 CHAIR STRETCHES
9:30 TRIVIA
10:00 HYDRATION/SNACK
10:30 WALK ABOUT
1:00 BALLOON VOLLEYBALL
2:00 HYDRATION/SING ALONG
3:00 FAMILY FEUD
6:00 EVENING STROLL

12
9:00 MORNING EXERCISE
9:30 PEANUT BUTTER SANDWICH/
HYDRATION
10:30 TRIVIA
1:00 NATURE WALK
2:00 HYDRATION/ SNACKS
3:00 READING TIME W/LUZEVA ON
THE PATIO
6:00 MOVIE NIGHT

13
9:00 CHAIR STRETCHES
10:00 HYDRATION/ SNACK
10:30 GAMES & PUZZLES
1:00 ICE CREAM SOCIAL
2:00 SING ALONG
3:00 NAIL SALON
6:00 SMOOTH JAZZ

14
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 HYDRATION / FRUIT
11:30 MOTHER'S DAY LUNCH
1:00 WALK ABOUT
2:00 HYDRATION/SING ALONG
3:00 FAMILY FEUD
6:00 EVENING STROLL

15
9:00 MORNING EXERCISE
9:30 BAKING CUPCAKES
10:00 HYDRATION
10:30 TRIVIA
1:00 GARDEN WALK
2:00 HYDRATION/SING ALONG
3:00 PUZZLES & GAMES
6:00 EVENING MUSIC

16
9:00 CHAIR STRETCHES
9:30 DAILY NEWS
10:00 SNACK/ HYDRATION
10:30 PUZZLES & GAMES
1:00 NATURE WALK
2:00 HYDRATION/SING ALONG
3:00 BINGO
6:00 EVENING STROLL

17
9:00 MORNING EXERCISE
9:30 BALL TOSS
10:00 HYDRATION/ SNACK
10:30 BIBLE STUDY
1:00 GARDEN WALK
2:00 HYDRATION/SING ALONG
3:00 MANICURE
6:00 EVENING MUSIC

18
9:00 CHAIR STRETCHES
9:30 TRIVIA
10:00 HYDRATION/SNACK
10:30 WALK ABOUT
1:00 BALLOON VOLLEYBALL
2:00 H
3:00 F
6:00 E

19
9:00 MORNING EXERCISE
9:30 DAILY NEWS
11:30 FATHER'S DAY BBQ
1:00 NATURE WALK
2:00 HYDRATION/ SNACKS
3:00 READING TIME W/LUZEVA ON
THE PATIO
6:00 MOVIE NIGHT

20
9:00 CHAIR STRETCHES
10:00 HYDRATION/ SNACK
10:30 GAMES & PUZZLES
1:00 ICE CREAM SOCIAL
2:00 SING ALONG
3:00 NAI
6:00 SM



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