Regency Place Journeys Apríl Calendar 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	kindness changes coerything Memory Care Coordinator		1 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	2 9:00 CHAIR STRETCHES 9:30 TRIVIA 10:00 HYDRATION/SNACK 10:30 BALL TOSS 1:00 NATURE WALK 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	3 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND- WICH/ HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	4 9:00 CHAIR STRETCHES 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ
5 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	6 9:00 MORNING WALK 9:30 BAKING COOKIES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	7 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 10:30 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 EVENING STROLL	8 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	9 9:00 CHAIR STRETCHES 9:30 TRIVIA 10:00 HYDRATION/SNACK 10:30 BALL TOSS 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	10 9:00 MORNING WALK 9:30 TRIVIA 11:30 EASTER BRUNCH 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	11 9:00 CHAIR STRETCHES 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ
12 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	13 9:00 MORNING WALK 9:30 BAKING CUPCAKES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	14 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 10:30 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 EVENING STROLL	15 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION/ SNACK 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	169:00 CHAIR STRETCHES9:30 TRIVIA10:00 HYDRATION/SNACK10:30 BALL TOSS1:00 HANGMAN2:00 HYDRATION/SING ALONG3:00 FAMILY FEUD6:00 EVENING STROLL	17 9:00 MORNING WALK 9:30 TRIVIA 10:00 HYDRATION/ SNACKS 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	18 9:00 CHAIR STRETCHES 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ
19 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	20 9:00 MORNING WALK 9:30 BAKING COOKIES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	21 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/HYDRATION 10:30 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SNACK 3:00 BINGO 6:00 EVENING STROLL	22 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION/ SNACK 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	23 9:00 CHAIR STRETCHES 9:30 TRIVIA 10:00 HYDRATION/SNACK 10:30 BALL TOSS 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	27 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND- WICH/HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	25 9:00 CHAIR STRETCHES 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ
26 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	27 9:00 MORNING WALK 9:30 BAKING CUPCAKES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	28 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 10:30 PUZZLES & GAMES 1:00 BIRTHDAY PARTY W/ RALPH 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 EVENING STROLL	29 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	30 9:00 CHAIR STRETCHES 9:30 TRIVIA 10:00 HYDRATION/SNACK 10:30 BALL TOSS 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	April 7 Gladys April 26 Edith	



8190 Arroyo Vista Drive. Sacramento, CA 95823 (916) 681-7800 Lic# 347005940