



















Regency Place April Calendar 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>Activity Director Jane Rowe E-mail jrowe@northstarsl.com</p> 	<p>Sacramento Bee in Activity Room Daily Morning Medical Appointments 8:30-1:00pm</p> <p>Monday, Tuesday and Friday.</p> <p>Wednesday is Errand Day. Thursday and Saturday Is Outing Days *Calendar are subject to change*</p>	<p>Key Code Activities Lead By:</p> <p>Resident- R Volunteer-V Director-D Staff-S Club House-CH Personal Trainer- PT</p>	<p>1</p>  <p>8:30 Trip /Bel-Air Strength & Balance Class - (R) 9:30 Catholic Communion / 10:30 Trip/ Scenic Ride 1:00 Money Bingo - (D) 3:00 Bible Study w/ Pastor Mike - (V) 7:00 Poker- (R)</p>	<p>2</p> <p>9:00 Strength & Balance w/ Jake Weathers (PT) 10:00 Morning Games-(R) 10:00 Trip/ Lucille's BBQ Restaurant 1:00 Games - (R) 1:30 Bananagram-(R) 2:00 21/ Blackjack - (D) 6:30 Evening Games - (R)</p>	<p>3</p> <p>9:00 Chair Exercise w/ Kathleen - (R) 10:00 Prayer Group w/Earl M 10:30 Current Event w/ Carole V-(R) 1:00 Bridge Group - (R) 1:30 Games - (R) 3:00 Happy Hour w/ Nat Brown</p>	<p>4</p> <p>8:30 Nail Polish Day -(D) 9:00 Group Exercise w/Dru-(R) 9:30 Hearts-(R) 1:00 Room Visit -(D) 2:00 Ice Cream Cone- (D) 2:30 Brain Fitness - (D) 3:00 Word Search - (D) 7:00 Poker - (R)</p> 
<p>5</p> <p>9:00 Morning Walk-(R) 9:00 Games -(R) 10:00 Movie & Popcorn w/ Shareen -TBA-(R) 1:30 Kings in the Corner w/Dru- (R) 3:00 Sunday Service w/ Pastor Mike-(V) 6:30 Evening Games -(R)</p>	<p>6</p> <p>9:00 Strength & Balance w/Kathleen-(R) 10:00 Spelling Bee w/Shareen(R) 1:00 Bridge Group w/Shirley-(R) 1:30 Hearts - (R) 1:30 21/Blackjack -w/Bob M.(R) 2:30 Games-(R) 6:30 Evening Games-(R) 7:00 Pinochle -w/Ellen-(R)</p>	<p>7</p> <p>9:00 Tai Chi Class- (R) 10:30 Activity Meeting w/Jane-(D)</p>  <p>1:00 Money Bingo - (D) 2:00 Book Club w/Liz-(D) 4:00 Rummikub - (R) 6:00 Evening Games-(R)</p>	<p>8</p> <p>8:30 Trip /Trader Joe's Strength & Balance Class- (R) 9:30 Catholic Communion w/ Rene & Bernard- (V) 10:45 Trip/Target 1:00 Bridge Group w/Shirley 1:00 Money Bingo-(D) 3:00 Bible Study w/ Pastor Mike - (V) 7:00 Poker - (R)</p>	<p>9</p> <p>9:00 Strength & Balance w/ Jake Weathers (PT) 10:00 Morning Games-(R) 10:00 Trip/ Red Hawk Casino 1:00 Games - (R) 1:30 Bananagram-(R) 2:00 21/ Blackjack - (D) 6:30 Evening Games - (R)</p> 	<p>10</p> <p>9:00 Chair Exercise w/ Kathleen - (R) 10:00 Prayer Group w/Earl M 10:30 Current Event w/Kathleen R.-(R) 1:00 Bridge Group - (R) 1:30 Games - (R) 3:00 Happy Hour w/Tommy T.</p> 	<p>11</p> <p>8:30 Nail Polish Day -(D) 9:00 Group Exercise w/Dru-(R) 9:30 Hearts-(R) 1:00 Room Visit -(D) 2:00 April Birthday Celebration</p>  <p>2:30 Brain Fitness - (D) 7:00 Poker-(R)</p>
<p>12</p>  <p>9:00 Morning Walk-(R) 9:00 Games -(R) 10:00 Movie & Popcorn w/ Shareen-TBA-(R) 1:30 Kings in the corner w/ Dru-(R) 3:00 Sunday Service w/ Pastor Mike - (V) 6:30 Evening Games -(R)</p>	<p>13</p> <p>9:00 Strength & Balance w/Kathleen-(R) 10:00 Spelling Bee w/Shareen-(R) 1:00 Bridge Group w/Shirley-(R) 1:30 Hearts - (R) 1:30 21/Blackjack-w/Bob M.(R) 2:30 Games-(R) 6:30 Evening Games-(R) 7:00 Pinochle -w/Ellen-(R)</p>	<p>14</p> <p>9:00 Tai Chi Class- (R) 10:00 Learn how to play Pinochle Game w/Ellen-(R) 10:30 Town Hall Meeting-(D)</p>  <p>1:00 Bananagram- (R) 1:00 Money Bingo-(D) 2:00 Classical Music w/Daniel-(S) 4:00 Rummikub-(R)</p>	<p>15</p> <p>8:30 Trip /WinCo Dollar Tree</p>  <p>9:00 Strength & Balance Class- (R) 9:30 Catholic Communion w/ Rene & Bernard- (V) 1:00 Bridge Group w/Shirley 1:00 Money Bingo-(D) 3:00 Bible Study w/ Pastor Mike - (V) 7:00 Poker - (R)</p>	<p>16</p> <p>9:00 Strength & Balance w/ Jake Weathers (PT) 9:30 Alpha One-Blood Pressure Check 10:45 Trip/ Elephant Bar Restaurant 1:30 Bananagram-(R) 2:00 21/ Blackjack - (D) 6:30 Evening Games - (R)</p>	<p>17</p> <p>9:00 Chair Exercise w/ Kathleen R. - (R)</p>  <p>10:00 Prayer Group w/Earl M 10:30 Current Event w/Fred R.-(R) 1:00 Bridge Group - (R) 1:30 Games - (R) 3:00 Happy Hour w/Beny</p>	<p>18</p> <p>8:30 Nail Polish Day -(D) 9:00 Group Exercise w/Dru-(R) 9:30 Hearts-(R) 1:00 Common Ground Covenant Church w/Pastor Kim-Singing-Activities 2:00 Root Beer Float-(D) 2:30 Brain Fitness - (D) 7:00 Poker-(R)</p> 
<p>19</p> <p>9:00 Morning Walk-(R) 9:00 Games -(R) 10:00 Movie & Popcorn w/ Shareen -TBA-(R) 1:30 Kings in the Corner w/Dru- (R) 3:00 Sunday Service w/ Pastor Mike-(V) 6:30 Evening Games -(R)</p>	<p>20</p> <p>9:00 Strength & Balance w/Kathleen-(R) 10:30 Food For Thought w/Chef Rommel-(D)</p> <p>1:00 Bridge Group w/Shirley-(R) 1:30 Hearts - (R) 1:30 21/Blackjack -w/Bob M. (R) 6:30 Evening Games- (R) 7:00 Pinochle -w/Ellen-(R)</p>	<p>21</p> <p>9:00 Tai Chi Class- (R) 10:00 Learn how to play Pinochle Game w/ Ellen- (R) 1:00 Money Bingo - (D) 1:15 Book Mobile-(V)</p>  <p>6:00 Evening Games-(R)</p>	<p>22</p> <p>8:30 Trip/Sprouts Farmers Market</p> <p>9:00 Strength & Balance Class 9:30 Catholic Communion 10:30 Trip/ Walmart 1:00 Bridge Group w/Shirley 1:00 Money Bingo-(D) 3:00 Bible Study w/ Pastor Mike - (V) 7:00 Poker- (R)</p>	<p>23</p> <p>9:00 Strength & Balance w/ Jake Weathers (PT) 10:00 Morning Games-(R) 10:45 Trip/ Pete's Restaurant 1:30 Bananagram-(R) 2:00 21/ Blackjack - (D) 6:30 Evening Games - (R)</p>	<p>24</p>  <p>9:00 Chair Exercise w/Kathleen -(R) 10:00 Prayer Group w/Earl M 10:30 Treasure Auction /with Jane-(D) 1:00 Bridge Group-(R) 1:30 Games -(R) 3:00 Happy Hour w/Ryan Pocan</p>	<p>25</p> <p>8:30 Nail Polish Day -(D) 9:00 Group Exercise w/Dru-(R) 9:30 Hearts-(R) 1:00 Room Visit-(D) 2:00 Ice Cream Social - (D) 2:30 Brain Fitness - (D) 3:00 Word Search - (D) 7:00 Poker-(R)</p>
<p>26</p> <p>9:00 Morning Walk-(R) 9:00 Games -(R) 10:00 Movie & Popcorn w/ Shareen -TBA-(R)</p>  <p>1:30 Kings in the Corner w/ Dru-(R) 3:00 Sunday Service w/ Pastor Mike-(V) 6:30 Evening Games- (R)</p>	<p>27</p> <p>9:00 Strength & Balance w/Kathleen-(R) 10:00 Spelling Bee w/Shareen-(R) 1:00 Bridge Group w/Shirley-(R) 1:30 Hearts - (R) 1:30 21/Blackjack-w/Bob M.(R) 3:00 Games-(R) 6:30 Evening Games-(R) 7:00 Pinochle Class -w/Ellen-(R)</p>	<p>28</p> <p>9:00 Tai Chi Class- (R)</p>  <p>10:00 Learn how to play Pinochle Game w/ Ellen- (R) 1:00 Money Bingo - (D) 2:00 Classical Music w/ Daniel-(S)</p>  <p>4:00 Rummikub - (R) 6:00 Evening Games-(R)</p>	<p>29</p> <p>8:30 Trip /Trader Joe's Strength & Balance 9:30 Catholic Communion w/ Rene & Bernard- (V) 11:00 Trip/ Church Concert "Music at Noon" 1:00 Bridge Group w/Shirley 1:00 Money Bingo 3:00 Bible Study w/ Pastor Mike - (V) 7:00 Poker-(R)</p>	<p>30</p> <p>9:00 Strength & Balance w/ Jake Weathers (PT) 10:00 Morning Games-(R) 10:00 Trip/ Fenton's Creamy Restaurant 1:30 Bananagram-(R) 2:00 21/ Blackjack - (D) 6:30 Evening Games - (R)</p>	<p>April 1 April 9 April 16</p> <p>Alice G. Shirley N. Jerry H.</p>	



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