Regency Place Journeys October Calendar 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Memory Care Coordinator Luz Eva Schoonover kindness changes everything		1 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 10:30 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 EVENING STROLL	2 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	3 9:00 CHAIR STRETCHES 9:30 GARDENING 10:00 HYDRATION/SNACK 11:00 BALL TOSS 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	4 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND-WICH/ HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	5 9:00 CHAIR STRETCHES 9:15 TRIP/BUS RIDE 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ:
6 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 OPEN DISCUSSIONS 6:00 EVENING STROLL	7 9:00 MORNING WALK 9:30 BAKING COOKIES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	8 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 11:00 PUZZLES & GAMES 1:00 HANGMAN 2:00 DANIEL/ CLASSICAL MUSIC 3:00 BINGO 6:00 EVENING STROLL	9 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	10 9:00 CHAIR STRETCHES 9:30 GARDENING 10:00 HYDRATION/SNACK 11:00 BALL TOSS 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	11 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND-WICH/ HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	15 9:00 CHAIR STRETCHES 9:00 TRIP/BUS RIDE 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART &CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON 6:00 SMOOTH JAZZ
13 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 OPEN DISCUSSIONS 6:00 EVENING STROLL	14 9:00 MORNING WALK 9:30 BAKING CUPCAKES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	15 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 11:00 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 LEND A HEART THERAPY DOG	16 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION/ SNACK 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	17 9:00 CHAIR STRETCHES 9:30 GARDENING 10:00 HYDRATION/SNACK 11:00 BALL TOSS 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	18 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND-WICH/ HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	19 9:00 CHAIR STRETCHES 9:00 TRIP/BUS RIDE 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 COMMON GROUND COVENANT CHURCH W/PASTOR KIM 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON
20 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 2:00 HYDRATION/SING ALONG 3:00 OPEN DISCUSSIONS 6:00 EVENING STROLL	21 9:00 MORNING WALK 9:30 BAKING COOKIES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	22 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/HYDRATION 11:00 PUZZLES & GAMES 1:00 HANGMAN 2:00 DANIEL/ CLASSICAL MUSIC 3:00 BINGO 6:00 EVENING STROLL	23 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION/ SNACK 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE	24 9:00 CHAIR STRETCHES 9:30 GARDENING 10:00 HYDRATION/SNACK 11:00 BALL TOSS 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 6:00 EVENING STROLL	25 9:00 MORNING WALK 9:30 PEANUT BUTTER SAND-WICH/ HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/ SNACKS 3:00 HAPPY HOUR 6:00 MOVIE NIGHT	26 9:00 CHAIR STRETCHES 9:00 TRIP/BUS RIDE 10:00 HYDRATION/ SNACK 10:30 GAMES & PUZZLES 1:00 ART & CRAFTS 2:30 ICE CREAM SOCIAL 3:00 NAIL SALON
27 9:00 CHAIR STRETCHES 9:30 BIBLE STUDY 10:00 HYDRATION / FRUIT 11:00 MOVIE & POPCORN 1:00 WALK ABOUT 2:00 HYDRATION/SING ALONG 3:00 OPEN DISCUSSIONS 6:00 EVENING STROLL	28 9:00 MORNING WALK 9:30 BAKING CUPCAKES 10:00 HYDRATION 10:30 TRIVIA 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 PUZZLES & GAMES 6:00 EVENING MUSIC	29 9:00 CHAIR STRETCHES 9:30 DAILY NEWS 10:00 SNACK/ HYDRATION 11:00 PUZZLES & GAMES 1:00 HANGMAN 2:00 HYDRATION/SING ALONG 3:00 BINGO 6:00 EVENING STROLL	30 9:00 MORNING WALK 9:30 BIBLE STUDY 10:00 HYDRATION/ SNACK 10:30 BALL TOSS 1:00 FAMILY FEUD 2:00 HYDRATION/SING ALONG 3:00 MANICURE 6:00 EVENING MUSIC	31 9:00 CHAIR STRETCHES 9:30 GARDENING 10:00 HYDRATION/SNACK 11:00 BALL TOSS 1:00 BINGO 2:00 HYDRATION/SING ALONG 3:00 FAMILY FEUD 5:00 HALLOWEEN DANCE		

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